

Would you like to learn valuable skills and gain job experience?

你想学到有价值的社区工作经验吗？

Volunteer Opportunities

义工机会

- Telephone reception
- Social event assistance
- Shopping assistance
- Hot Meals delivery
- Interpretation & Translation
- Home visits
- Drivers
- 电话服务
- 辅助社区活动
- 辅助购物
- 送餐服务
- 普通翻译
- 探访
- 司机

Training provided

提供培训

Chinese and basic English required 需讲中文和基本的英语

For more information 要了解更多信息

English , please call: 英语致电 613-236-0428

Chinese , please call: 华语致电 613-232-2226

Seniors will appreciate your help!

长者需要社区的关爱！



Centretown Community
Health Centre
Centre de santé
communautaire du Centre-ville



The Good Companions
Seniors' Centre / Community Support Services



Chinese Senior Association
老联会



日健高齡康樂中心
YET KEEN SENIORS'
DAY CENTRE